

RaceCatName	Bib	NameChi	NameEng	OfficialTime	ChipTime	Gender
3km Male aged 30-39	3001		Cheng Cheung Shing	00:19:30	00:19:18	M
3km Male aged 30-39	3002		Lau Hung Kei	00:14:44	00:14:33	M
3km Male aged 30-39	3003		NG Ka Lun	00:22:07	00:21:53	M
3km Male aged 30-39	3004		LAM Hung Kit	00:27:53	00:27:38	M
3km Male aged 30-39	3005		WONG Ho Lun	00:17:32	00:17:19	M
3km Male aged 50-59	3018	林志雄	Lam Chi Hung	00:23:07	00:23:01	M
3km Male aged 50-59	3019		SIN ESMOND			M
3km Male aged 12-15	3020		Knight John	00:11:57	00:11:56	M
3km Male aged 16-19	3021		Chan Lok Hei Anson	00:12:34	00:12:28	M
3km Male aged 30-39	3022		Mo Wai Ching	00:20:24	00:20:21	M
3km Male aged 60 or above	3023	葉龍生	Ip Lungsang	00:20:32	00:20:29	M
3km Male aged 20-29	3024		Ko Tsz Kit	00:12:48	00:12:45	M
3km Male aged 30-39	3025		Wong Chun Sing	00:21:15	00:21:02	M
3km Female aged 20-29	3033		MA CHEUK LING	00:20:11	00:20:02	F
3km Male aged 60 or above	3034	郭永勝	kwok wing sing	00:11:50	00:11:49	M
3km Male aged 12-15	3042		蘇子軒	00:25:24	00:25:18	M
3km Male aged 12-15	3043		岑純元	00:22:27	00:22:22	M
3km Male aged 12-15	3044		陳梓康	00:26:44	00:26:39	M
3km Male aged 12-15	3045		李康善	00:19:39	00:19:29	M
3km Male aged 50-59	3046		葉立新	00:20:44	00:20:36	M
3km Male aged 12-15	3050	余東浩	Yue Tung Ho	00:14:36	00:14:31	M
3km Male aged 12-15	3051		mak chun hon	00:12:46	00:12:43	M
3km Male aged 12-15	3052		chan ho wang	00:14:33	00:14:30	M
3km Male aged 12-15	3053		mak chun hong	00:14:33	00:14:31	M
3km Male aged 50-59	3054		Leung Wai ming	00:14:42	00:14:40	M
3km Male aged 16-19	3055	李梓豪	Li Zihao	00:15:36	00:15:30	M
3km Male aged 40-49	3056		TAM YIU BONG	00:11:14	00:11:14	M
3km Male aged 12-15	3057		Chung Wai Lam	00:13:00	00:12:59	M
3km Male aged 40-49	3058		Wong Ling Bun Henry			M
3km Male aged 30-39	3059	冼國威	KWOK WAI SIN	00:14:30	00:14:24	M

3km Male aged 30-39	3060		Tsoi Chung Him			M
3km Male aged 20-29	3061		Lee Cheuk pan	00:11:11	00:11:11	M
3km Male aged 30-39	3062		Wong Ching Kit			M
3km Male aged 12-15	3063		Cheung Kwok Chun			M
3km Male aged 50-59	3064	黎偉盛	LAI WAI SING	00:10:56	00:10:55	M
3km Male aged 12-15	3065		Leung Ho Wang	00:12:37	00:12:35	M
3km Male aged 20-29	3066		Cheung Yu Lung			M
3km Male aged 50-59	3067	羅德輝	LO TAK FAI	00:11:18	00:11:17	M
3km Male aged 60 or above	3068	景文	李 Lee King Man	00:12:40	00:12:39	M
3km Male aged 30-39	3069	房伯榮	FONG PAK WING	00:19:49	00:19:39	M
3km Male aged 16-19	3070		Chan Chun Wing Vince	00:10:33	00:10:31	M
3km Male aged 12-15	3071	陳瀚霖	Chan Hon Lam Ravi	00:16:00	00:15:57	M
3km Male aged 16-19	3072		Lee Ryan			M
3km Male aged 12-15	3073	郭文傑	郭文傑	00:11:59	00:11:55	M
3km Male aged 30-39	3074	許偉俊	Hui Wai Chun	00:14:25	00:14:16	M
3km Male aged 50-59	3075		Chung Chun Bong	00:11:19	00:11:19	M
3km Male aged 12-15	3076	冼學良	Sin Hok Leung			M
3km Male aged 16-19	3077	鄭文祺	Cheng Man Ki	00:12:29	00:12:25	M
3km Male aged 12-15	3078		Lulla Nirvan	00:11:59	00:11:54	M
3km Male aged 12-15	3079	梁堯天	Leung Yiu Tin	00:14:18	00:14:15	M
3km Male aged 60 or above	3080		KAM WING KEE			M
3km Male aged 20-29	3081		KAM CHUN HAO			M
3km Male aged 12-15	3082	鄭朗曦	Cheng Haywood	00:12:04	00:11:56	M
3km Male aged 12-15	3083	余灝桓	Yee Ho Wun	00:14:30	00:14:24	M
3km Male aged 12-15	3084		Tsang Ian	00:13:47	00:13:45	M
3km Male aged 16-19	3085		Man lai Chan	00:12:44	00:12:40	M
3km Male aged 20-29	3086	施健楠	施健楠	00:10:03	00:10:03	M
3km Male aged 12-15	3087		Wong Chun Hei	00:23:39	00:23:37	M
3km Male aged 50-59	3088		Sam Muk Ying, Wilso	00:13:28	00:13:28	M
3km Male aged 50-59	3089		Hon tim Lai	00:16:23	00:16:16	M
3km Male aged 20-29	3090		Io Chun Ting Timoth	00:10:58		M

3km Male aged 20-29	3091		Ho Samuel	00:10:39	00:10:39	M
3km Male aged 12-15	3092		Lai Ethan			M
3km Male aged 12-15	3093	廖不踰	LIU Bu Yu, Ryan	00:12:51	00:12:48	M
3km Male aged 12-15	3094	廖不愠	LIU Bu Wen, Darian	00:12:00	00:11:58	M
3km Male aged 16-19	3095	陳澤鏗	Chan Chak Wah	00:11:19	00:11:17	M
3km Male aged 40-49	3096	羅榮華	Lo Wing Wah	00:20:13	00:19:59	M
3km Male aged 12-15	3097		Choy Yat Ho			M
3km Male aged 60 or above	3098	麥富强	Mak Fu Keung	00:13:48	00:13:46	M
3km Male aged 50-59	3099		Ng Wai Kit	00:13:15	00:13:12	M
3km Male aged 60 or above	3100	郭永勝	kwok wing sing			M
3km Male aged 30-39	3101	陳浩基	CHAN HO-KEI			M
3km Male aged 60 or above	3102	濮將華	cheung wah pok	00:12:54	00:12:52	M
3km Male aged 30-39	3103	賴吉	吉賴	00:10:30	00:10:30	M
3km Male aged 40-49	3104		yi u man shan	00:14:34	00:14:32	M
3km Male aged 30-39	3105	吳偉林	Ng Wai Lam	00:15:40	00:15:35	M
3km Male aged 50-59	3106	孫建國	SUN KIN KWOK	00:17:06	00:17:02	M
3km Male aged 40-49	3107	梁威信	Leung Vincent	00:13:44	00:13:42	M
3km Male aged 50-59	3108	陳偉文	Chan Wai Man	00:11:39	00:11:37	M
3km Male aged 60 or above	3109		Yip Thomas	00:18:51	00:18:49	M
3km Male aged 12-15	3110		Au Anderson	00:16:42	00:16:42	M
3km Male aged 12-15	3111	區兆鵬	AU MARIO	00:13:35		M
3km Male aged 40-49	3112	賴又晴	ay Yat Mou Yau Ching			M
3km Male aged 50-59	3113	Mark Wong	JNG TAI CHUN MA	00:12:41	00:12:40	M
3km Male aged 40-49	3114	趙淦詠	Chiu Alexander	00:14:02		M
3km Male aged 50-59	3115	藍天生	NAM Tin Sang	00:11:53	00:11:51	M
3km Male aged 60 or above	3116	黎卓文	Lai Cheuk Man	00:48:27		M
3km Male aged 30-39	3117	孔繁基	Hung Fan Kei	00:12:48	00:12:46	M
3km Male aged 30-39	3118	劉志豪	Lau Chi ho	00:12:48	00:12:45	M
3km Male aged 40-49	3119	陳文科	CHAN MAN FOR	00:10:33	00:10:33	M
3km Male aged 40-49	3120	鄧恆建	Tang Calvin	00:17:04	00:17:02	M
3km Male aged 40-49	3121		lung choi ha	00:21:01	00:20:54	M

3km Male aged 40-49	3122		LAM PIK CHI	00:10:44	00:10:43	M
3km Male aged 60 or above	3123		Lin Hoi Man	00:19:53	00:19:52	M
3km Male aged 40-49	3124	麥子強	Mak Chi Keung	00:12:14	00:12:14	M
3km Male aged 60 or above	3125		Lai yiu shing	00:20:17	00:20:05	M
3km Male aged 50-59	3126	吳和政	Ng Wo Ching	00:14:35	00:14:32	M
3km Male aged 40-49	3127		wong chi cheung			M
3km Male aged 40-49	3129		Tepel Matthew	00:19:20	00:19:09	M
3km Male aged 30-39	3130		chang stephen	00:14:51	00:14:42	M
3km Male aged 50-59	3131		Goh Joel	00:19:19	00:19:14	M
3km Male aged 20-29	3132	何萬星	Ho Albert	00:20:38	00:20:32	M
3km Male aged 40-49	3133		Lo Charles	00:14:43	00:14:39	M
3km Male aged 40-49	3134		Gray Daniel			M
3km Male aged 30-39	3135		Chan Alvin	00:19:56	00:19:45	M
3km Male aged 40-49	3136		Wong Ho Ming			M
3km Male aged 40-49	3137		Lui Benjamin	00:15:06	00:15:00	M
3km Male aged 40-49	3138		Jewitt-Ward Les	00:14:45	00:14:41	M
3km Male aged 20-29	3139		Xiang Lance			M
3km Male aged 12-15	3140		Shi Jiawei	00:28:33	00:28:22	M
3km Male aged 20-29	3141		Tam Brendan			M
3km Male aged 30-39	3142		Wong Alvin	00:15:02	00:14:56	M
3km Male aged 20-29	3143		Lee Man Nok	00:16:59	00:16:53	M
3km Male aged 40-49	3144		Shi Hailiang	00:28:38	00:28:28	M
3km Male aged 30-39	3145		Lo Sean	00:17:18	00:17:13	M
3km Male aged 30-39	3146		MAN CHING YIN			M
3km Male aged 30-39	3147		lau ting fung			M
3km Male aged 40-49	3148		Wo Jason			M
3km Male aged 30-39	3149		Chu Billy			M
3km Male aged 40-49	3150		Lucas Chris			M
3km Female aged 20-29	4001		Li Yeuk Lam	00:14:10	00:14:07	F
3km Female aged 30-39	4002		Chan Shun Lai Carol	00:14:45	00:14:34	F
3km Female aged 30-39	4003		CHOW Hiu Ying	00:22:06	00:21:52	F

3km Female aged 30-39	4004		CHENG Suet Ying	00:27:53	00:27:37	F
3km Female aged 30-39	4005		IP Hoo Yin Katherine	00:17:32	00:17:20	F
3km Female aged 20-29	4006		HAN Hoi Ting Emm	00:19:01	00:18:57	F
3km Female aged 16-19	4007		Wong Mei Yue Doris	00:14:26	00:14:23	F
3km Female aged 20-29	4008		Cheng Lai Fun	00:19:23	00:19:11	F
3km Female aged 20-29	4009		Lee Yan Yu Joyce	00:19:23	00:19:11	F
3km Female aged 20-29	4010		Ming Yee Tong	00:18:27	00:18:15	F
3km Female aged 16-19	4011		Ellen Lee	00:18:21	00:18:09	F
3km Female aged 20-29	4012		Li Wa Yan	00:18:21	00:18:10	F
3km Female aged 40-49	4029	鄭翠瓊	Cheng Chui King	00:23:08	00:23:01	F
3km Female aged 12-15	4030	葉辛沂	Yip San Yi	00:17:44	00:17:40	F
3km Female aged 30-39	4031		Chan Pui Yi	00:21:14	00:21:02	F
3km Female aged 16-19	4032		張婉桂	00:25:50	00:25:44	F
3km Female aged 16-19	4033		梁祉瑜	00:22:06	00:22:00	F
3km Female aged 12-15	4034		傅數悠			F
3km Female aged 12-15	4035		梁悅瑤	00:19:47	00:19:39	F
3km Female aged 16-19	4036		梁詩琪	00:17:30	00:17:23	F
3km Female aged 12-15	4037		林心怡	00:15:00	00:14:58	F
3km Female aged 40-49	4040	黎慧心	LAI Wai Sum Joanna	00:21:57	00:21:43	F
3km Female aged 12-15	4041		Leung Wai ming			F
3km Female aged 30-39	4042	韓美英	Hon Mei Ying	00:20:42	00:20:31	F
3km Female aged 20-29	4043	劉綺玲	LIU QILING	00:21:22	00:21:20	F
3km Female aged 40-49	4044		Ng Kam Ping	00:19:51	00:19:50	F
3km Female aged 40-49	4045		Yiu Pochu			F
3km Female aged 40-49	4046	吳嘉恩	Ng Ka Yan			F
3km Female aged 12-15	4047	鄭嘉燕	IENG CHEN DANIE	00:15:28	00:15:24	F
3km Female aged 30-39	4048		Yu Shuk fan	00:14:47	00:14:45	F
3km Female aged 20-29	4049	林英漣	Lam Sylvie	00:13:20	00:13:17	F
3km Female aged 30-39	4050		Wong Yeuk Man	00:19:30	00:19:23	F
3km Female aged 30-39	4051	陳靜愉	Chan Mina	00:21:50	00:21:43	F
3km Female aged 30-39	4052	關潔文	KWAN KIT MAN			F

3km Female aged 50 or above	4053	李麗芳	Lee Lai Fong	00:19:47	00:19:37	F
3km Female aged 20-29	4054		Kwok San Yuet			F
3km Female aged 12-15	4055	戴卓睿	Tai Cheuk Yui	00:15:35	00:15:31	F
3km Female aged 40-49	4056	郭永麗	Kwok Wing Lai Winsi	00:16:09	00:16:04	F
3km Female aged 50 or above	4057		Pike kwan Chiu	00:13:17	00:13:12	F
3km Female aged 50 or above	4058		Chan Ada	00:13:27	00:13:25	F
3km Female aged 30-39	4059		Leung Lok Ting	00:23:37	00:23:27	F
3km Female aged 40-49	4060		萬鳳儀	00:16:03	00:15:54	F
3km Female aged 50 or above	4061	楊綺倩	Yang Yee Sin			F
3km Female aged 30-39	4062		Carenan Sheilla			F
3km Female aged 30-39	4063		Moralde Sheer grace	00:25:19	00:25:16	F
3km Female aged 16-19	4064	麥超淇	Mak Chiu Ki Astor	00:15:12	00:15:05	F
3km Female aged 50 or above	4065	劉麗芳	LAU LAI FONG	00:23:09	00:23:05	F
3km Female aged 40-49	4066	張麗芝	CHEUNG LAI CHI	00:23:08	00:23:04	F
3km Female aged 40-49	4067	張美芝	CHEUNG MEI CHEE	00:23:08	00:23:04	F
3km Female aged 20-29	4068		So Tsz Kiu	00:24:01	00:23:54	F
3km Female aged 20-29	4069		Chau Hoi Yiu Miley	00:24:01	00:23:54	F
3km Female aged 50 or above	4070	許賢芬	Hui yin fan	00:14:23	00:14:21	F
3km Female aged 30-39	4071		Kum Kathy	00:23:42	00:23:42	F
3km Female aged 12-15	4072		Hau Yin Hei	00:15:30	00:15:30	F
3km Female aged 50 or above	4073		Kan Mei May	00:23:23	00:23:22	F
3km Female aged 20-29	4074		MA CHEUK LING			F
3km Female aged 20-29	4075		LAI SZE YIN	00:19:48	00:19:38	F
3km Female aged 20-29	4076		Tam Cheuk Hang	00:20:04	00:20:03	F
3km Female aged 12-15	4077	馮靖瑤	Fung Ching Yiu	00:16:29	00:16:25	F
3km Female aged 16-19	4078		Lai Wing lam	00:16:23	00:16:16	F
3km Female aged 12-15	4079	趙心怡	Chiu Sum Yi	00:14:21	00:14:20	F
3km Female aged 12-15	4080		WONG Yi Lok	00:16:48	00:16:48	F
3km Female aged 16-19	4081	鄭朗晴	cheng long ching	00:17:51	00:17:48	F
3km Female aged 12-15	4082	陳琛蕎	Chan Sum kiu	00:13:58	00:13:57	F
3km Female aged 40-49	4083		Tang Grace			F

3km Female aged 12-15	4084	曾凱瑩	Tsang Hoi Ying	00:13:09	00:13:08	F
3km Female aged 12-15	4085		Wing man crystal Tai	00:14:03	00:14:02	F
3km Female aged 40-49	4086	張子儀	Cheung Tze Yee	00:20:51	00:20:38	F
3km Female aged 12-15	4087	張宥榆	Cheung Yau Yu	00:20:50	00:20:37	F
3km Female aged 12-15	4088	譚穎曦	Tam Wing Hei	00:16:49	00:16:49	F
3km Female aged 50 or above	4089	李雪蓮	LET LIN SHIRLEY LEE			F
3km Female aged 12-15	4090		Worthington Molly	00:13:52	00:13:51	F
3km Female aged 50 or above	4091	陳潔霞	Chan Kit Ha	00:14:03	00:14:01	F
3km Female aged 30-39	4092	黃鳳儀	wong fong ying	00:16:35	00:16:33	F
3km Female aged 50 or above	4093		Leung Winnie M K			F
3km Female aged 30-39	4094	詹詠恒	Chim Wing Hang	00:20:09	00:20:08	F
3km Female aged 40-49	4095	葉愛萍	Ip Oi ping	00:15:32	00:15:27	F
3km Female aged 50 or above	4096	鄭燕玲	Chiang Yin ling	00:15:11	00:15:06	F
3km Female aged 50 or above	4097	陳瑞華	Chan Sui Wah	00:18:37	00:18:35	F
3km Female aged 30-39	4098		Chow Shun Yu			F
3km Female aged 12-15	4099	歐芷遙	AU CHE YIU	00:11:50	00:11:50	F
3km Female aged 12-15	4100	姚愷悠	Yiu Hoi Yau	00:14:42	00:14:42	F
3km Female aged 12-15	4101	饒高熹	yi u ko hei	00:12:57	00:12:55	F
3km Female aged 30-39	4102		Law Candy	00:24:56	00:24:50	F
3km Female aged 30-39	4103	梁慧盈	LEUNG WAI YING	00:18:05	00:18:01	F
3km Female aged 30-39	4104		Lee Wai Nam Bonnie	00:20:06	00:20:04	F
3km Female aged 12-15	4105		Ng Hoi Yee			F
3km Female aged 20-29	4106		許苑晴	00:18:13	00:18:08	F
3km Female aged 30-39	4107	林覺敏	Lam Kok Man	00:14:06	00:14:03	F
3km Female aged 20-29	4108	余萬儀	Yu Man Yee			F
3km Female aged 40-49	4109		lung Wing Yee Winnie			F
3km Female aged 20-29	4110		Ma Germain	00:17:36	00:17:34	F
3km Female aged 16-19	4111	郭筠頤	Kuok Kwan Yee Kira	00:14:41	00:14:36	F
3km Female aged 20-29	4112	郭舒敏	kwok shu man	00:20:48	00:20:42	F
3km Female aged 40-49	4113		Tong Teresa			F
3km Female aged 30-39	4114	黃愷秀	Wong Ivonne Marie E	00:14:05	00:14:03	F

3km Female aged 20-29	4115	連悅彤	Lin Yuet Tung Rezan	00:16:25	00:16:24	F
3km Female aged 50 or above	4116		Mok Fiona	00:16:58	00:16:56	F
3km Female aged 50 or above	4117		YIP KAM PING	00:25:15	00:25:13	F
3km Female aged 50 or above	4118		Cheng Sau Lan	00:23:04	00:23:03	F
3km Female aged 50 or above	4119		Liu Ming Wai	00:21:59	00:21:51	F
3km Female aged 30-39	4120		Mendoza Kara	00:19:53	00:19:41	F
3km Female aged 40-49	4121		Jewitt-Ward Ceara	00:16:18	00:16:15	F
3km Female aged 20-29	4122		Cho Hiu Shan Amy	00:22:52	00:22:47	F
3km Female aged 40-49	4123		Luong Vanessa	00:18:17	00:18:13	F
3km Female aged 30-39	4124		Lee Wai Shan	00:21:37	00:21:34	F
3km Female aged 20-29	4125		Kwan Natalie	00:17:53	00:17:48	F
3km Female aged 40-49	4126		Wang Yuwen			F
3km Female aged 16-19	4127		Shi Jiayue	00:28:38	00:28:28	F
3km Female aged 40-49	4128		Poon Phyllis	00:21:55	00:21:45	F
3km Female aged 50 or above	4129		Kriesel Rosemarie	00:14:52	00:14:51	F
3km Female aged 30-39	4130	葉序文	Yip Scarlett			F
3km Female aged 30-39	4131		Cheung Priscilla	00:18:27	00:18:18	F
3km Female aged 50 or above	4132		Chan Ida			F
3km Female aged 40-49	4133		Wallder Natalie	00:17:46	00:17:45	F
3km Female aged 40-49	4134		Tai Barbara	00:20:46	00:20:31	F
3km Female aged 20-29	4135		Lai Hoi Shan Cici	00:20:10	00:19:58	F
3km Female aged 20-29	4136		Zhou Sally			F